

The Aging Mind: Unique Behavioral Health Challenges in Older Adults

For psychologists, behavioral health and licensed mental health professionals

This webinar is intended to highlight some of the unique behavioral health challenges faced by older adults, as well as their families and others who care for them. Topics to be discussed include mood and anxiety disorders, somatoform disorders, and dementia.

OBJECTIVES

1. Explain how mood and anxiety disorders may present differently and need different treatment strategies in older adults.
2. Describe how different forms of dementia are diagnosed and treated.
3. Identify the prevalence of common behavioral health disorders in residents of long-term care facilities and the need for more services for this population.

LOCATION

Zoom Webinar

COST

No fee to attend this training.

REGISTER ONLINE

go.unl.edu/reg_olderadults



Tuesday, May 26, 2026

9:00 a.m. – 12:00 p.m. noon (Central)

CONTINUING EDUCATION

INSTRUCTIONAL LEVEL: Intermediate

This training is approved for **2.75 CE credits for psychologists* and Nebraska LIMHP/LMHP**. Credits will be awarded to participants who attend the entire training.

*Continuing education for psychologists may be used by other licensed behavioral health professionals. Please check with your licensing board. Continuing education credit is granted on a one credit per one instructional hour basis.

The University of Nebraska Public Policy Center (NUPPC) is approved by the American Psychological Association to sponsor continuing education for psychologists. The NUPPC maintains responsibility for this program and its content.

SPONSORS

Sponsored by the Nebraska Department of Health and Human Services Division of Behavioral Health and the University of Nebraska Public Policy Center.



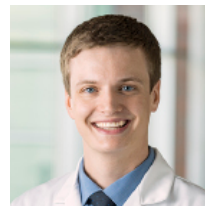
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STEVEN WENDEL
MD

Dr. Wengel attended medical school at UNMC and went on to complete his general psychiatry residency training in the Creighton-Nebraska Psychiatry Residency program. He then did a one-year fellowship in Geriatric

Psychiatry at UNMC. He has been practicing geriatric psychiatry at UNMC since 1991 and sees patients in his office, via telehealth, and at several Omaha-area long-term care facilities.



GEORGE BLANKENAU
MD

Dr. Blankenau is a Psychiatry Resident at the University of Nebraska Medical Center. A graduate of UNMC and the University of Kansas, he has earned the Ember Award for teaching and the Frank J. Menolascino Award.

Dr. Blankenau's clinical interests center on geriatric psychiatry and addiction medicine. His academic interests include education of medical students and residents. His background includes published research on adolescent neuroimaging.