

Trauma-Informed Care: Evidence-Based Applications for Mental Health Providers & Peer Support Professionals

*For professionals in behavioral health,
psychologists, counselors, social workers,
& peer support specialists*

This training is designed for mental health professionals and peer support specialists to enhance their understanding and application of trauma-informed care. Participants will learn about trauma exposure, its impact on physical and mental health, and the principles of trauma-informed care. Evidence-based recommendations for screening, assessment, and treatment will be discussed to provide participants with actionable strategies to support individuals affected by trauma. This training also emphasizes the importance of cultural responsiveness and provider wellbeing within trauma-informed care.

OBJECTIVES

1. Define trauma and potential outcomes associated with trauma exposure.
2. Describe core components of trauma-informed care.
3. Identify tools and methods for screening and assessment as well as evidence-based trauma treatments.
4. Explain the impact of secondary traumatization providers and strategies to enhance provider wellbeing.

LOCATION

Zoom Webinar

COST

No fee to attend this training.



REGISTER ONLINE

go.unl.edu/trauma-informedcare



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Hanna Grandgenett is an Assistant Professor in the Psychology Department at University of Nebraska Medical Center's (UNMC) Munroe-Meyer Institute (MMI). Dr. Grandgenett completed her Ph.D. in Clinical Psychology at the University of Nebraska-Lincoln. She has specialized training in the assessment and treatment of childhood trauma. She collaboratively approaches trauma work with patients, using evidence-based approaches to help clients and families overcome the negative effects of trauma. Her clinical work is informed by her research, which focuses on trauma treatment and prevention.

There are no personal or professional relevant conflicts of interest in relation to this presentation.

Thursday, November 21, 2024
9:00 a.m.–12:00 Noon (Central)

CONTINUING EDUCATION

INSTRUCTIONAL LEVEL: Introductory

This training is approved for **2.75 continuing education (CE) credits for psychologists,* 2.75 CE credits for Nebraska LMHP/LIMHP, and 2.75 CE credits for NE Certified Peer Support Specialists.** Credits will be awarded to participants who attend the entire training.

**Continuing education for psychologists may be used by other licensed behavioral health professionals. Please check with your licensing board. Continuing education credit is granted on a one credit per one instructional hour basis.*

The University of Nebraska Public Policy Center (NUPPC) is approved by the American Psychological Association to sponsor continuing education for psychologists. The NUPPC maintains responsibility for this program and its content.

SPONSORS

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