

Person-Centered & Trauma-Informed Crisis Management & De-Escalation

For Nebraska Certified Peer Support Specialist (CPSS), professionals in psychology, behavioral health, and social work

Person-Centered and Trauma-Informed Crisis Management & De-Escalation will equip participants with vital skills to ensure safety and well-being in distressing situations. Participants will learn to identify and assess the various components of a crisis, apply person-centered and trauma-informed principles in their de-escalation efforts, and maintain their well-being in preparation for crisis work, during a crisis, and thereafter. Through this training, professionals gain a deep understanding of recognizing, assessing, and responding to risks, while prioritizing personal safety.

OBJECTIVES

1. Discuss the importance of recognizing, assessing, and responding to risk and challenges for continued safety and well-being under distress.
2. Identify the impact of being confronted with another person's trauma on one's own wellness.
3. Discuss various crisis and emergency situations and how to use organizations/departmental chain of command to address or resolve those issues.

LOCATION

Zoom Meeting

COST

No fee to attend this training.



REGISTER ONLINE

go.unl.edu/crisis-management

Tuesday, April 23, 2024
9:00 a.m.–12:00 p.m. (Central)

CONTINUING EDUCATION

INSTRUCTIONAL LEVEL: Intermediate

This training has been approved for **2.75 continuing education (CE) credits for psychologists,* 2.75 CE credits for Nebraska LMHP/LIMHP, and 2.75 CE credits for Nebraska CPSS**. Credits will be awarded to participants who attend the entire training.

**Continuing education for psychologists may be used by other licensed behavioral health professionals. Please check with your licensing board. Continuing education credit is granted on a one credit per one instructional hour basis.*

The University of Nebraska Public Policy Center (NUPPC) is approved by the American Psychological Association to sponsor continuing education for psychologists. The NUPPC maintains responsibility for this program and its content.

SPONSORS

Sponsored by the Nebraska Department of Health and Human Services Division of Behavioral Health Office of Consumer Affairs and the University of Nebraska Public Policy Center.



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There are no personal or professional relevant conflicts of interest in relation to this presentation.



DR. RYAN CARRUTHERS

PhD, LMHP, LADC, CPSS

Ryan Paul Carruthers is a Licensed Alcohol and Drug Counselor (LADC) and Licensed Mental Health Practitioner (LMHP) in the State of Nebraska who has been practicing for over 15 years. He holds a Ph.D. in

Counseling Studies from Capella University. Ryan is a member of the Motivational Interviewing Network of Trainers (MINT) and has also worked as an adjunct professor at local colleges. Ryan provides a multitude of continuing education classes to behavioral health providers in the State of Nebraska.



AMBER DIRKS

MS, LIMHP, LADC

Amber Dirks is a Licensed Independent Mental Health Practitioner (LIMHP) and Licensed Alcohol and Drug Counselor (LADC) in the State of Nebraska who has been practicing for over 8 years. She holds a Masters Degree

in Clinical Mental Health Counseling from University of Nebraska-Omaha. Amber is an experienced therapist in mental health and substance use and focuses on practices of harm reduction, crisis intervention, suicide prevention, and trauma-informed care. Amber has held positions with CenterPointe for the past 3 years, currently as the Senior Director of Community Response.