

## My CPSS/Clinician ethics and boundaries

Consider these questions:

- What professional and/or agency boundaries do I value most highly?
- What personal boundaries do I have that may be more stringent than my professional or agency boundaries?
- What personal boundaries do I have that may conflict with my professional or agency boundaries?

## **Example boundary statements**

Your statements might look something like:

I really value this professional or agency boundary(ies):

I am comfortable/not comfortable being in this situation with a current client/a former client (or with professional colleagues): \_\_\_\_\_

I am comfortable/not comfortable sharing this information about myself with a current client/a former client (or with professional colleagues): \_\_\_\_\_

It is a challenge for me to abide by this (these) professional or agency boundary(ies): \_\_\_\_\_

or something else that works for you!

## Write your own boundary statements