

## Small Group Discussion #1

- 1) How do these rates compare to what you would expect/see in your own clinical practice?
- 2) Are there any findings that are surprising to you?
- 3) What substances are you currently hearing teenagers talking about?
- 4) How do you think this use related to adolescent brain development?

## Small Group Discussion #2

- 1) How often do you screen for substance use when talking with adolescents?
- 2) Do you have any concerns talking about substances with teenagers?
- 3) What barriers exist that prevent you from discussing substance use with teenagers?
- 4) Do you think you'll use any of these screening tools in the future?

## Vignette #1

A 19 year old female comes in for a referral for Attention Deficit-Hyperactivity Disorder (ADHD). During the visit, she reports that she uses cannabis about once a month and drinks about two bottles of wine a week, usually going through a bottle in one sitting.

What concerns, if any, would you have about her substance use? What feedback would you give her about her use?

## Vignette #2

A 16 year old male reports that he currently vapes nicotine everyday with occasional alcohol use on the weekends. This youth reports that he would like to cut down on his nicotine use but does not know how.

What recommendations/resources would you give to this youth? What considerations around the teenagers potential executive functioning skills would you make in providing recommendations?