

## Integrated Dual Disorder Treatment: An Overview

*for professionals in psychology, behavioral health, social work, and substance use*

The Integrated Dual Disorder Treatment (IDDT) model is an evidence-based practice that improves the quality of life for people with co-occurring disorders by combining substance use services with mental health services. It helps people address both disorders at the same time—in the same service organization by the same team of treatment providers. IDDT emphasizes that individuals achieve big changes like sobriety, symptom management, and an increase in independent living via a series of small, overlapping, incremental changes that occur over time.

### OBJECTIVES

1. Describe the underlying philosophy for the delivery of IDDT.
2. List the 10 Guiding Principles of IDDT.
3. Describe the requisite system level changes when implementing IDDT.

### LOCATION

Zoom Meeting

### COST

No fee to attend this training.



### REGISTER ONLINE

[go.unl.edu/reg\\_iddt](https://go.unl.edu/reg_iddt)

Tuesday, April 25, 2023  
9:00 a.m.– 12:00 noon (Central)

### CONTINUING EDUCATION

**INSTRUCTIONAL LEVEL:** Introductory

This training has been approved for **2.75 continuing education credits for psychologists\*** and **2.75 continuing education credits for Nebraska LADCs**. Credits will be awarded to participants who attend the entire training.

*\*Continuing education for psychologists may be used by other licensed behavioral health professionals. Please check with your licensing board. Continuing education credit is granted on a one credit per one instructional hour basis.*

*The University of Nebraska Public Policy Center (NUPPC) is approved by the American Psychological Association to sponsor continuing education for psychologists. The NUPPC maintains responsibility for this program and its content.*

### SPONSORS

*Sponsored by the Nebraska Department of Health and Human Services Division of Behavioral Health and the University of Nebraska Public Policy Center.*

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### JENNY ROW

MSSA, LISW-S

Jenny Row is a consultant and trainer at the Center for Evidence-Based Practices (CEBP) at Case Western Reserve University. She provides technical assistance to organizations that are implementing evidence-based practices for people diagnosed with severe mental illness and substance use disorders. Prior to joining the CEBP, Ms. Row worked in community-based behavioral healthcare. During her 20 years in the field, she held different positions and executed many responsibilities including individual and group therapy, program development and management, training, and supervision.