Recovery is For Everyone:

- Every Person,
- Every Family,
- Every Community

Recovery Pathways: Understand Disparities and Building Health Equity

Part 1: October 14, 2022

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Yes I Earned a Ph.D., CPS, CADCII, LADCI

And I Earned a GED in Prison!

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RECOVERY

THE COLLECTIVE

1 BILLION SECONDS IS 32 YEARS

VALIDATION

ARE YOU UP FOR
THE CHALLENGE?

¡Sí, Se Puede!

People Living in the Solution: Recovery! – iRecuperacion!

History

Context

Matter!

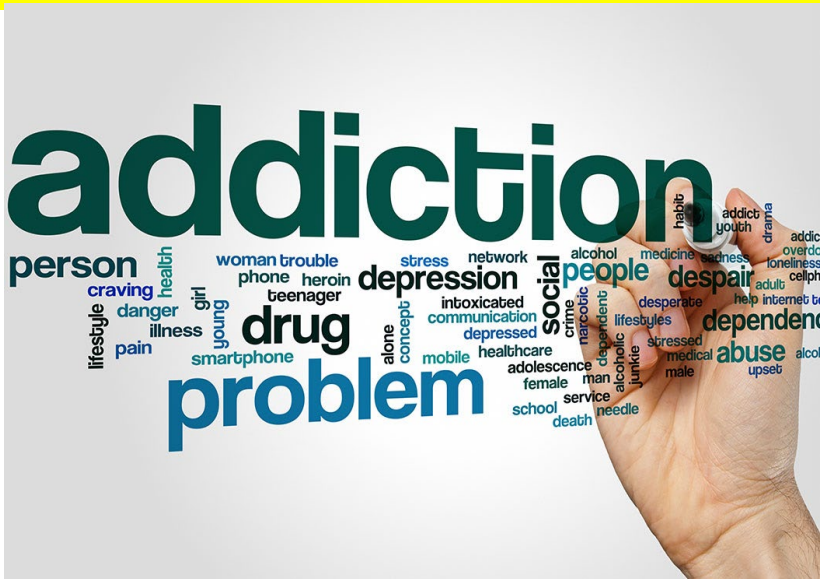
Mantra: Addiction and Mental Health Don't Discriminate!!

(Individuals)

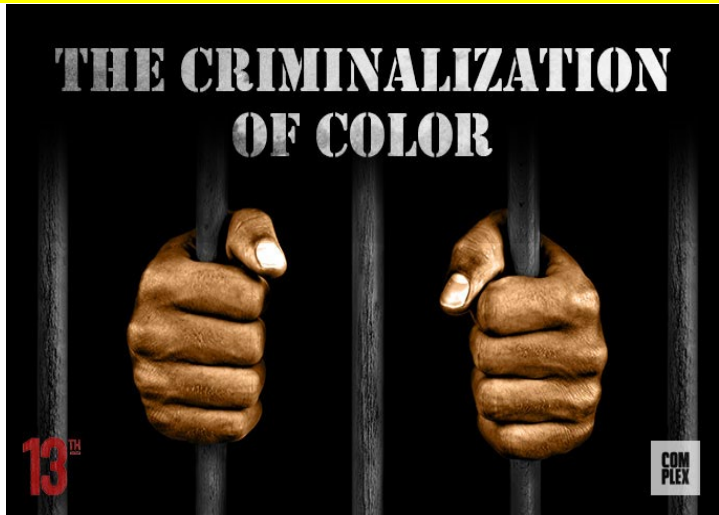
WHM

systems

Deliberate Silos



Punitive Approaches



- **A racial, ethnic or behavioral health outcome that is seen to greater or lesser extent between populations**
- **Particularly linked with social, economic, and/or environmental disadvantage**

(Healthy People 2020)

Poll Question

What are the main drivers of health disparities in the US? (you can choose more than one)

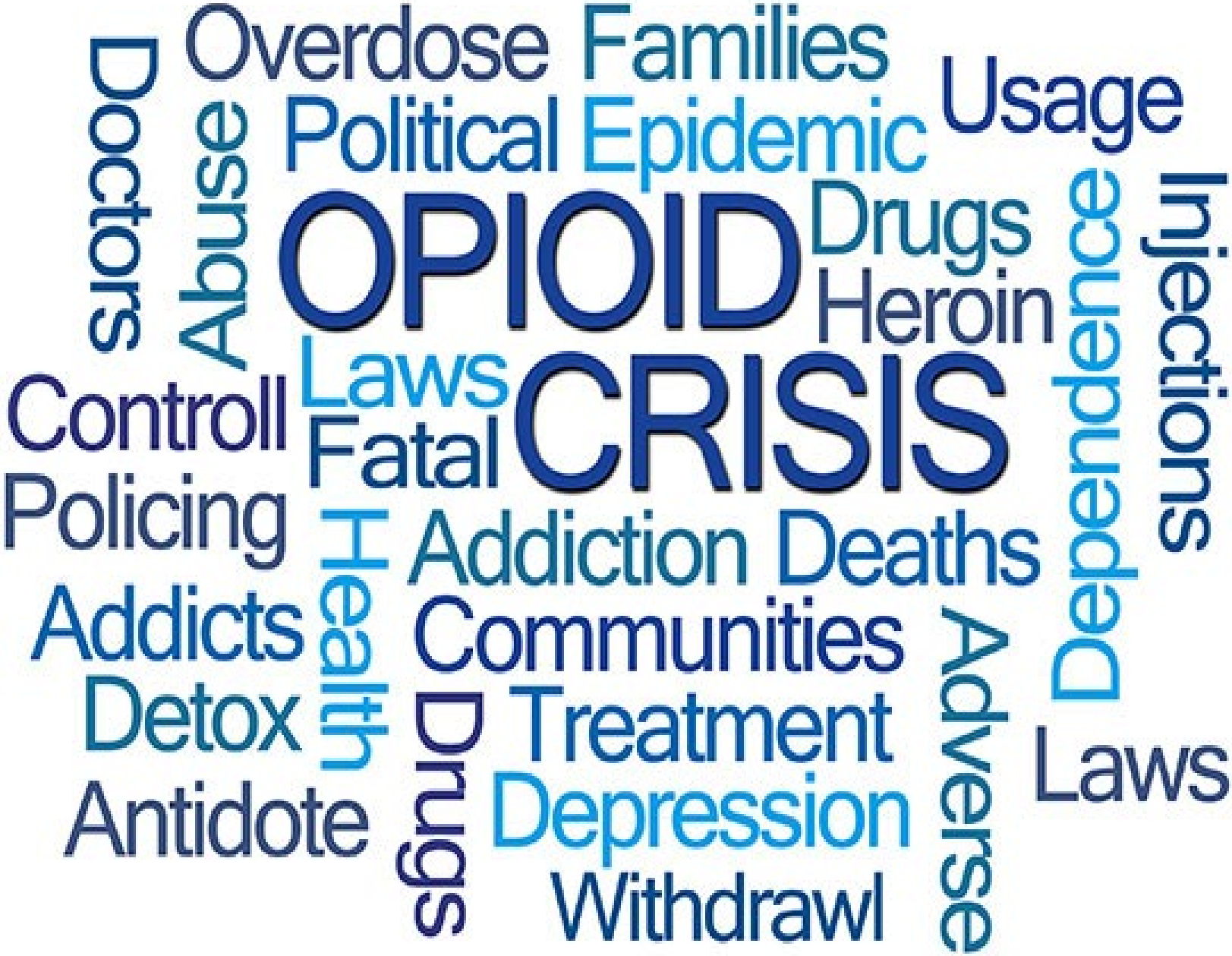
- Lack of access to quality health care.
- Individuals not motivated to change.
- Institutionalized racism.
- Individuals needing services don’t understand English.

Individual Factors Associated With Disparities

- Race/ethnicity
- Religion
- Socioeconomic status
- Ability
- Gender
- Age
- Sexual orientation
- Gender identity
- Other characteristics histori linked to discrimination or exclusion

Social Factors Associated with Disparities

- Institutionalized Racism
- Unemployment and Substandard Education
- Neighborhood Conditions and Housing
- Environmental Hazards
- Health Insurance Coverage, Access and Quality
- Access to Prevention, Intervention, Treatment and recovery Supports


Overdose
Families
Usage
Doctors
Abuse
Political
Epidemic
OPIOID
Drugs
Heroin
Injections
Dependence
Laws
CRISIS
Controll
Fatal
Policing
Addiction
Deaths
Health
Addicts
Communities
Adverse
Detox
Treatment
Laws
Antidote
Drugs
Depression
Withdrawl

After Decades of People Dying, Why Declare a Crisis?

Opioid Overdose Deaths

- Everyday more than 100 people die in the US (NIDA)
- Approximately 97,000 deaths in the US in 2020 (CDC).The largest number ever recorded.
- 1999-2020 approximately 500,000 people have died in the US (CDC)
- In Massachusetts approximately 2,000 people died in 2019 (MDPH)

Disproportionate Impacts in MA

- In 2017 there was a **8.3% decrease** in opioid overdose deaths

Getting Better for Who?!!!!!!!!

- Between 2015-2017 opioid overdose **deaths increased 83% for African Americans** and **100% for Latinos/Hispanics**

Myopic View of the Problem……..

Myopic Solutions that Maintain the Status Quo!!

Mass Incarceration

1970

200,000

2021

2.3 M

5.5 to 6 Million Individuals

on Probation, Parole, House Arrest!

Poll Question

- What has driven (reasons) increases in incarceration rates between 1970 and 2021 in the US?

Deliberate Policies

- War On Drugs
- Criminalization of Behaviors
- Schools Zones
- 3 Strikes and You're Out

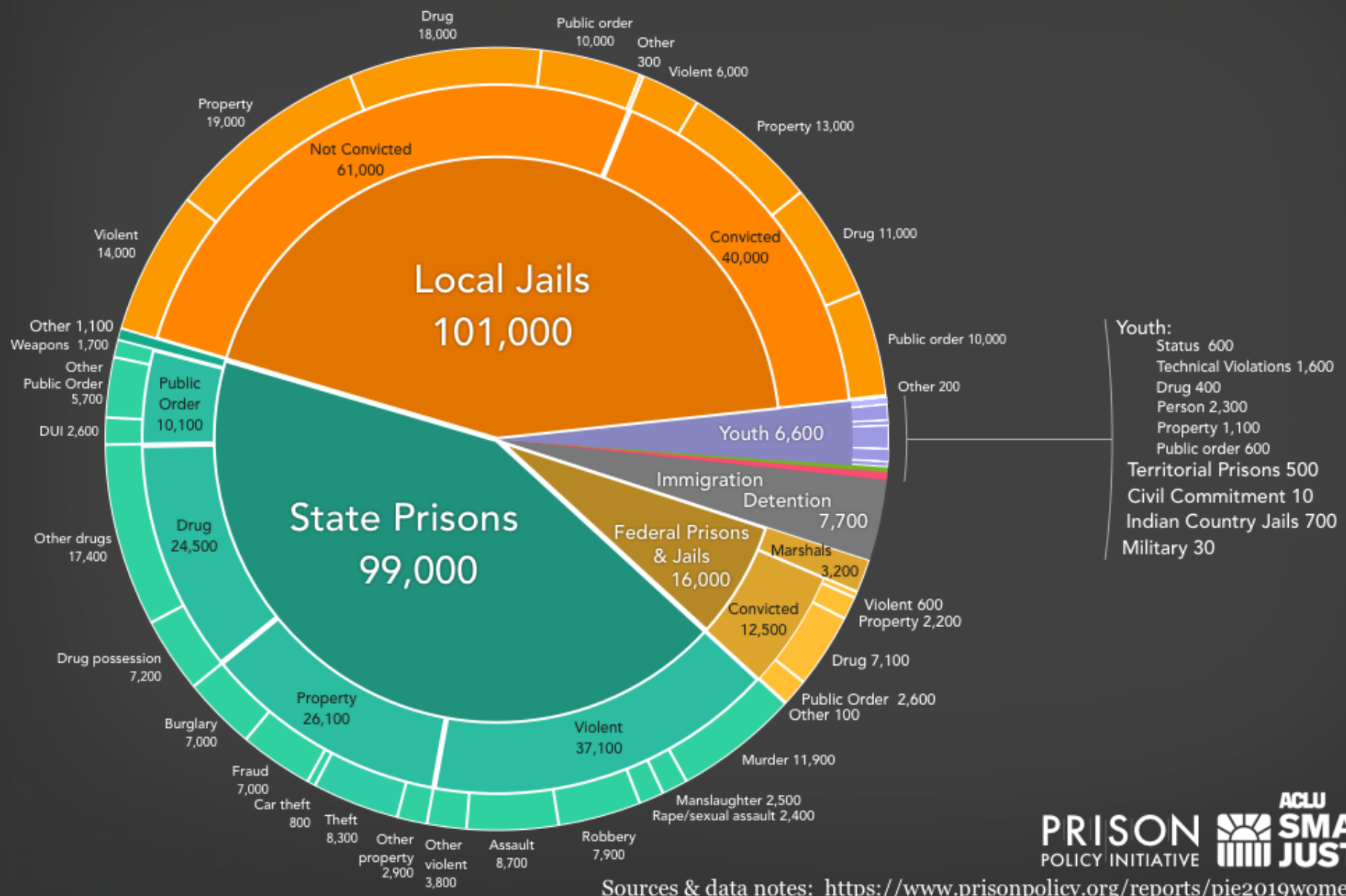
So Called "Plea Bargains" 2019

- 90-96% at the Federal level
- 90-94% State Level

- Voting Rights
- Prisons/Jails
- Criminal Offender Records

How many women are locked up in the United States?

The United States is one of the top incarcerators of women in the world. Changing that will require knowing where 231,000 incarcerated women fall within our decentralized and overlapping systems of mass incarceration.



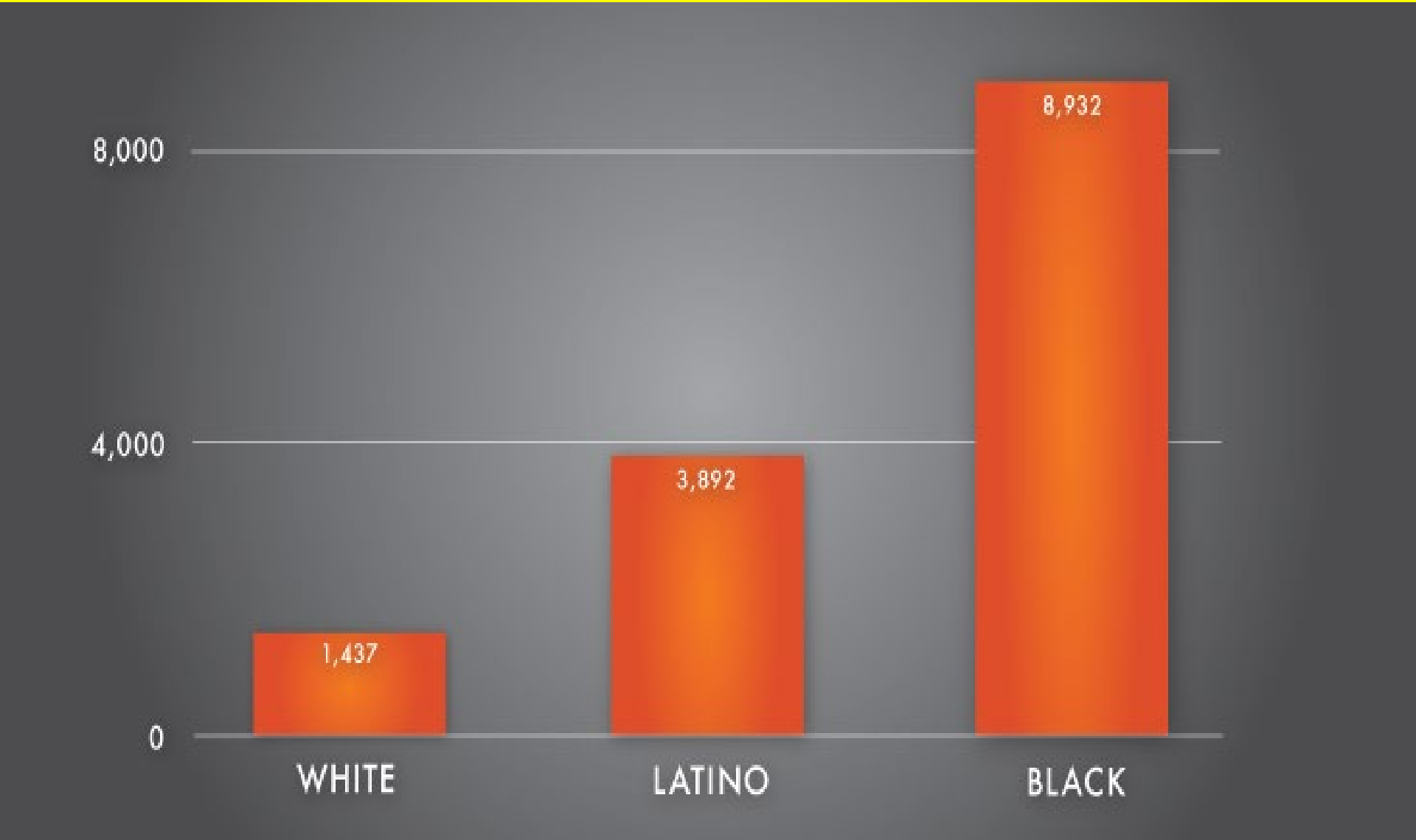
Sources & data notes: https://www.prisonpolicy.org/reports/pie2019women.html

PRISON POLICY INITIATIVE

ACLU SMART JUSTICE

Young Male Incarceration Rates, 2019

(number of people 25-29 years old incarcerated per 100,000 people in that age group)

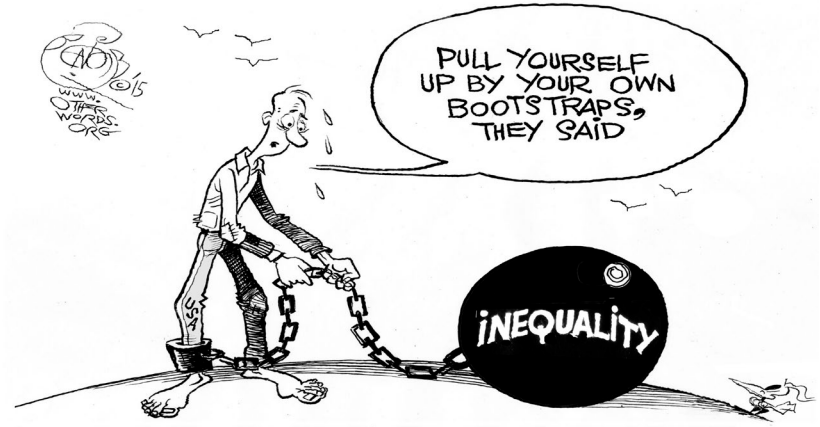


DO NOT FEED THE HOMELESS PEOPLE
Health board set to adopt odd regulation that would move serving the homeless indoors
Unauthorized charity could cost you up to $150 (page 02)

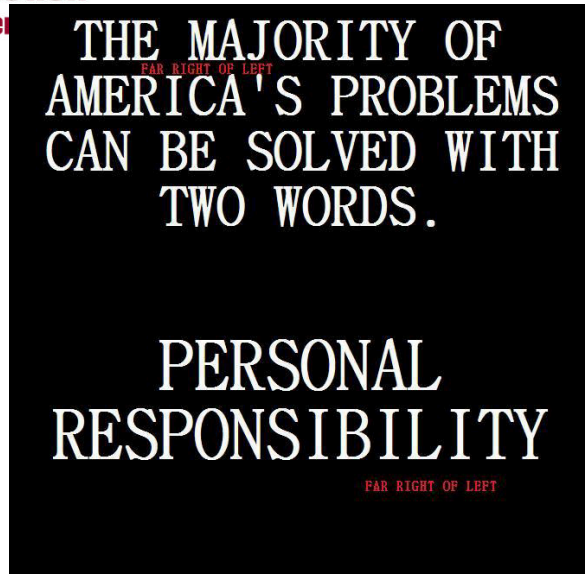
STIGMA

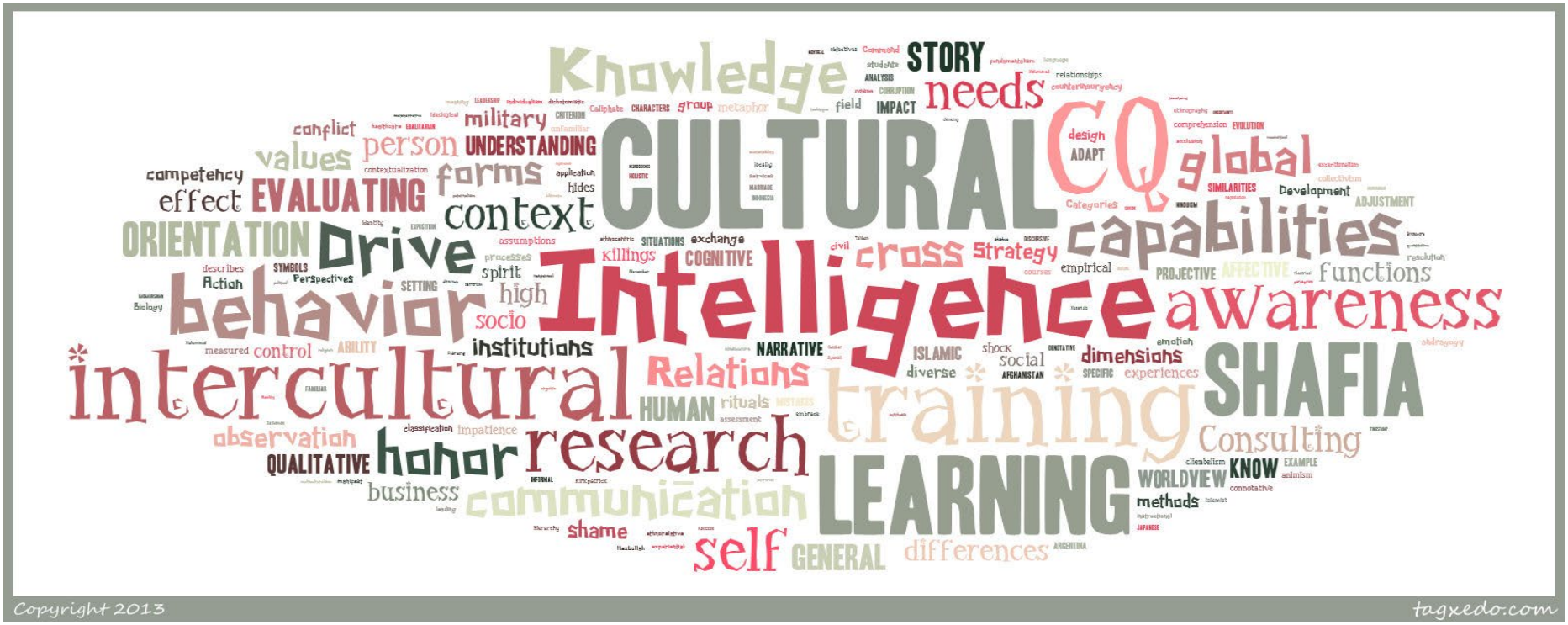
HELLO
I AM
what you
label me

degradation
life
less than human
degrading
routine
depriving
humanness
modern life
compassion
slave
mannequin
criminal
digital
moral
exclusion
personality
isolated
non-human
evil
asexual
dehumanized
model
person
delegitimization
dummy
figure
infrahumanization
dehumanize
spirit
degrading
man
condition
human quality
dehumanization
empty
civility
code
dehumanizing
objectification
clear
figurine
emotion
mechanical
object
divest of individuality
human
clean
inferior
individuality
denial
modern
quality


PULL YOURSELF UP BY YOUR OWN BOOTSTRAPS, THEY SAID
iNEQUALiTY

SAVE ANIMALS


THE MAJORITY OF AMERICA'S PROBLEMS CAN BE SOLVED WITH TWO WORDS.
PERSONAL RESPONSIBILITY
FAR RIGHT OF LEFT


Knowledge
STORY
needs
CULTURAL
CQ
global
capabilities
Intelligence
awareness
behavior
intercultural
SHAFIA
training
Consulting
research
LEARNING
communication
self
differences
Drive
ORIENTATION
EVALUATING
context
forms
person
UNDERSTANDING
values
conflict
military
competency
effect
cross
Strategy
Relations
HUMAN
NARRATIVE
institutions
honor
QUALITATIVE
observation
business
shame
GENERAL
WORLDVIEW
KNOW
methods
dimensions
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functions
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COGNITIVE
BIAS

Treat others
the way
YOU want to
be treated.
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NON JUDGEMENTAL

SAME

“The most potent weapon in the hands of the oppressor is the mind of the oppressed.” Steve Biko

"Aquel que no esta orgulloso de su origen, no valdránunca nada, pues comienza a despreciarse a si mismo."

Don Pedro Albizu Campos