

Peer Support Documentation: Best Practices and Strategies for a Growing Workforce

for Nebraska Certified Peer Support Specialists

Documentation is not an inherent skill—it must be learned and practiced. In this workshop, we will identify best practices in documenting your work in progress notes and developing goals for support planning, as well as what you should be documenting regarding supervision and professional development. We will also discuss strategies for staying current in the documentation and addressing complex situations in your record-keeping such as mandatory reporting of suspected abuse.

OBJECTIVES

1. Learn the basic components of quality peer support documentation.
2. Identify and apply effective strategies for maintaining documentation for all aspects of the peer support provider role.
3. Discuss and identify ways to document complex situations such as mandatory reporting of suspected abuse.

CONTINUING EDUCATION

Peer Support Documentation has been approved for 1.5 hours towards CPSS certification. Participants are required to attend the entire training to receive certification hours.

Please note that the *Discussion Hour* is not a continuing education activity.



MILLIE SWEENEY

M.S., Clinical Psychology

Millie Sweeney is the director of Learning and Workforce Development for the Family-Run Executive Director Leadership Association (FREDLA). Spanning the children's mental health and child-serving systems, she has over 25 years experience in navigating systems with and on

behalf of families, advocating at both the individual and policy level, and building collaborations with professionals and systems. She specializes in grant and program development, staff supervision and training, parent peer support and family engagement, curriculum development, and systems of care. Leveraging both her professional experience and personal experience as a parent of two children with mental health challenges, she consults nationally on certification and parent peer support services, offers curriculum and training on a variety of topics related to children's mental health and participates in research and policy groups contributing to the literature and field.

LOCATION

Zoom Meeting

COST

No fee to attend this training.

DATE & TIME

Thurs., Jan. 27th, 10:00 a.m. – 11:30 a.m. (Central)

INSTRUCTIONAL LEVEL

Introductory

REGISTER ONLINE

go.unl.edu/peer_support_documentation

SPONSORS

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Discussion Hour

Wed., Feb. 23rd, 10:00 a.m. – 11:30 a.m. (Central)

This discussion hour will focus on identifying improvements and challenges encountered by the peer support provider and supervisor trainings in best practices and strategies for quality documentation. In this session, participants will have the opportunity to share accomplishments and application of what has been implemented, as well as problem-solve around ongoing challenges in this area. Additional resources and examples from other programs or states will be shared to continue learning.

OBJECTIVES

1. Demonstrate strategies learned in the documentation training and their application.
2. Identify ongoing challenges to consistent documentation standards and develop solutions to apply.