

# Peer Support Documentation: Best Practices and Strategies for Supporting a Growing Workforce

## for Peer Support Supervisors

Supportive supervision is critical for the success of peer support providers. Effective documentation is a skill that must be learned and practiced. In this workshop, we will identify essential components for peer support work documentation and supervision. We will discuss best practices for supervisors in supporting this important skill and strategies for encouraging timely and quality documentation consistently.

### OBJECTIVES

1. Identify essential components of documentation in peer support.
2. Identify best practices for documenting supervision of peer support providers.
3. Identify and assess effective strategies for supporting peer support providers in timely and quality documentation.

### CONTINUING EDUCATION

*Peer Support Documentation* has been approved for 1.5 APA continuing education hours. APA continuing education can be used by psychologists and other mental health professionals, including but not limited to Licensed Mental Health Practitioners (LMHP), Licensed Independent Mental Health Practitioners (LIMHP), and Social Workers. Participants are required to attend the entire training to receive continuing education.

**Please note that the *Discussion Hour* is not a continuing education activity.**

*The University of Nebraska Public Policy Center (NUPPC) is approved by the American Psychological Association to sponsor continuing education for psychologists. The NUPPC maintains responsibility for this program and its content.*



## MILLIE SWEENEY

**M.S., Clinical Psychology**

Millie Sweeney is the director of Learning and Workforce Development for the Family-Run Executive Director Leadership Association (FREDLA). Spanning the children's mental health and child-serving systems, she has over 25 years experience in navigating systems with and on

behalf of families, advocating at both the individual and policy level, and building collaborations with professionals and systems. She specializes in grant and program development, staff supervision and training, parent peer support and family engagement, curriculum development, and systems of care. Leveraging both her professional experience and personal experience as a parent of two children with mental health challenges, she consults nationally on certification and parent peer support services, offers curriculum and training on a variety of topics related to children's mental health and participates in research and policy groups contributing to the literature and field.

### LOCATION

Zoom Meeting

### COST

No fee to attend this training.

### DATE & TIME

Thurs., Feb. 3<sup>rd</sup>, 10:00 a.m. – 11:30 a.m. (Central)

### INSTRUCTIONAL LEVEL

Introductory

### REGISTER ONLINE

[go.unl.edu/peer\\_support\\_documentation](http://go.unl.edu/peer_support_documentation)

### SPONSORS

Sponsored by the Nebraska Department of Health and Human Services Division of Behavioral Health Office of Consumer Affairs and the University of Nebraska Public Policy Center.



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## Discussion Hour

**Wed., Feb. 23<sup>rd</sup>, 10:00 a.m. – 11:30 a.m. (Central)**

This discussion hour will focus on identifying improvements and challenges encountered by the peer support provider and supervisor trainings in best practices and strategies for quality documentation. In this session, participants will have the opportunity to share accomplishments and application of what has been implemented, as well as problem-solve around ongoing challenges in this area. Additional resources and examples from other programs or states will be shared to continue learning.

### OBJECTIVES

1. Demonstrate strategies learned in the documentation training and their application.
2. Identify ongoing challenges to consistent documentation standards and develop solutions to apply.