

## Pathways to Recovery and Building Equity

*for professionals in psychology, behavioral health, social work, and substance use*

This two-part training will explore the development of disparities related to substance use disorders and mental health, how to build health equity and community engagement, and helpful tools and strategies for engagement, retention, and improving outcomes.

### CONTINUING EDUCATION

Part I and Part II have **each** been approved for 2.75 APA and Nebraska LADC continuing education hours. Participants are required to attend the entire training(s) to receive continuing education hours.

*The University of Nebraska Public Policy Center (NUPPC) is approved by the American Psychological Association to sponsor continuing education for psychologists. The NUPPC maintains responsibility for this program and its content.*

### LOCATION

Zoom Meeting

### COST

No fee to attend this training.

### REGISTER ONLINE

<https://go.unl.edu/pathways-to-recovery>

*If you registered for this training before it was rescheduled, you do not need to register again.*

### SPONSORS

*Sponsored by the Nebraska Department of Health and Human Services Division of Behavioral Health and the University of Nebraska Public Policy Center.*

NEBRASKA  
DEPT. OF HEALTH AND HUMAN SERVICES

UNIVERSITY OF  
**Nebraska**  
PUBLIC POLICY CENTER



## DR. HANER HERNÁNDEZ

PhD, CPS, CADAC-II, LADC-I

Dr. Hernández is bilingual and has worked for more than 33 years in the health and human service field developing, implementing, and evaluating culturally and linguistically intelligent youth and adult health prevention, intervention, treatment, and recovery support programs. He has years of experience in delivering substance use counseling and clinical supervision, and provides technical assistance and support to organizations that provide substance use prevention, intervention, treatment, and recovery supports. Dr. Hernández is a senior consultant to several state and SAMHSA contracts with a focus on disparities, building health equity, substance use treatment, and recovery supports.

## Part I

Tues., Jan. 18, 2022 1:00 p.m.–4:00 p.m. (Central)

**DESCRIPTION:** *Pathways to Recovery and Building Equity* will explore the development of disparities related to substance use disorders and mental health in the United States and their impacts on marginalized communities. Utilizing a social justice framework the participants will learn about building health equity and community engagement. Participants will also learn about approaches and strategies grounded in cultural humility and cultural intelligence.

**INSTRUCTIONAL LEVEL:** Intermediate

### OBJECTIVES:

1. Define health disparities and health equity.
2. Understand and describe the concepts of cultural humility and cultural intelligence.

## Part II

**Part I is a required prerequisite to Part II.**

Tues., Jan. 25, 2022 1:00 p.m.–4:00 p.m. (Central)

**DESCRIPTION:** *Pathways to Recovery and Building Equity* will build on the topics discussed in Part 1. Part 2 will focus on the implementation of tools and strategies for participant and client engagement, retention, and improving outcomes.

**INSTRUCTIONAL LEVEL:** Intermediate

### OBJECTIVES:

1. Name at least three tools designed to improve outcomes.
2. Name at least five strategies for participant/client engagement, retention, and improving outcomes.

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