



138

Your shield of self...

1. Someone from your family that you love and admire. Living or dead.
2. Your BFF. Real or imaginary. Who would really have your back?
3. Your hopes. Who or what will you become in your dreams?
4. Your faith. What beliefs sustain you and give you hope?
5. Your jam. It may be your pet, your favorite lyric, whatever amps you.
6. Your strength. What's your gift? Are you passionate, stubborn, kind?

1

139