

Language Matters

for professionals in psychology, behavioral health, social work, substance use, peer support, and criminal justice

DESCRIPTION

Stigma plays a crucial role in recovery from mental health and substance use disorders. Language Matters provides a review and refinement of the nature of language used now and offers an alternative way of thinking for providers. Healing the stigma around substance use and mental health challenges for clients and professionals working in this field is important, and the language used to describe disorders and the behavioral outcomes are constantly changing.

CONTINUING EDUCATION

An application has been made for 2.5 APA, Nebraska LADC, and Criminal Justice continuing education hours, which may also be used towards continuing education requirements for CPSS certification. Participants must attend the entire training to receive continuing education hours. APA hours can be used by psychologists, LMHP, LIMHP, LADC, and social workers.

The University of Nebraska Public Policy Center (NUPPC) is approved by the American Psychological Association to sponsor continuing education for psychologists. The NUPPC maintains responsibility for this program and its content.

LOCATION

Zoom Meeting

COST

No fee to attend this training.

AGENDA

DATE: Aug. 3, 1:00pm – 4:00pm CDT

INSTRUCTIONAL LEVEL: Introductory

OBJECTIVES:

1. Describe the impact of stigma in mental health and substance use disorders.
2. Discuss three approaches to support long-term recovery using strength-based language.
3. Contrast current and alternative terminology in addressing recovery in mental health and substance use disorders.

REGISTER ONLINE

<https://go.unl.edu/language-matters>

SPONSORS

Sponsored by the Nebraska Department of Health and Human Services Division of Behavioral Health Office of Consumer Affairs and the University of Nebraska Public Policy Center.

NEBRASKA
DEPT. OF HEALTH AND HUMAN SERVICES

UNIVERSITY OF
Nebraska
PUBLIC POLICY CENTER



DR. KATE SPECK

PhD, MAC, LADC

Kate Speck, PhD, has over 40 years of experience as an educator and trainer in behavioral health. She has a strong background in prevention and intervention. Currently, Dr. Speck is an independent consultant and teaches with the University of Nebraska Public Policy Center. She has been a member of Motivational Interviewing Network of Trainers (MINT) and a MINT trainer since 2000.

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