**PQ-B Scoring Sheet**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Item** | **No** | **Yes, and when this happens, I feel frightened, concerned, or it causes problems for me** | | | | |
| **Strongly disagree** | **Disagree** | **Neutral** | **Agree** | **Strongly Agree** |
| **1** | 0 | 1 | 2 | 3 | 4 | 5 |
| **2** | 0 | 1 | 2 | 3 | 4 | 5 |
| **3** | 0 | 1 | 2 | 3 | 4 | 5 |
| **4** | 0 | 1 | 2 | 3 | 4 | 5 |
| **5** | 0 | 1 | 2 | 3 | 4 | 5 |
| **6** | 0 | 1 | 2 | 3 | 4 | 5 |
| **7** | 0 | 1 | 2 | 3 | 4 | 5 |
| **8** | 0 | 1 | 2 | 3 | 4 | 5 |
| **9** | 0 | 1 | 2 | 3 | 4 | 5 |
| **10** | 0 | 1 | 2 | 3 | 4 | 5 |
| **11** | 0 | 1 | 2 | 3 | 4 | 5 |
| **12** | 0 | 1 | 2 | 3 | 4 | 5 |
| **13** | 0 | 1 | 2 | 3 | 4 | 5 |
| **14** | 0 | 1 | 2 | 3 | 4 | 5 |
| **15** | 0 | 1 | 2 | 3 | 4 | 5 |
| **16** | 0 | 1 | 2 | 3 | 4 | 5 |
| **17** | 0 | 1 | 2 | 3 | 4 | 5 |
| **18** | 0 | 1 | 2 | 3 | 4 | 5 |
| **19** | 0 | 1 | 2 | 3 | 4 | 5 |
| **20** | 0 | 1 | 2 | 3 | 4 | 5 |
| **21** | 0 | 1 | 2 | 3 | 4 | 5 |

Total Score: \_\_\_\_\_\_\_\_\_\_\_\_\_ (sum of ratings across items 1 to 21)

Instructions:

Transfer the subject’s responses to this score sheet. Each item is scored on a 0 to 5 scale. A “No” response corresponds to 0; a “Yes” response, with a rating of “Strongly disagree” on distress, corresponds to a 1; a “Yes” response, with a rating of “Disagree” on distress, corresponds to a 2; a “Yes” response, with a rating of “Neutral” on distress, corresponds to a 3; a “Yes” response, with a rating of “Agree” on distress, corresponds to a 4; and a “Yes” response, with a rating of “Strongly Agree” on distress, corresponds to a 5. The total score is generated by summing the point-equivalents for the ratings across the 21 items; this score ranges between 0 and 105.

**Referral: *For clients with a Distress score of 20 or more, a follow up assessment for psychosis risk/psychosis diagnosis is recommended.***